



# UMBRELLA 2010

annual conference

Saturday, March 6, 2010

**Birchmount Collegiate Institute**  
3663 Danforth Avenue - Scarborough, Ontario

**Umbrella Central Day Care Services**

1220 Kingston Road, Scarborough, Ontario M1N 1P3  
www.umbrelladaycare.com / director@umbrelladaycare.com  
Phone: 416.686.9869 / Fax: 416.686.9870

Underwriter

Conference Sponsor



# KEYNOTE SPEAKER

## MARY DiCARO

Mary is an award-winning corporate trainer, executive coach and motivational teacher who has been improving organizations and changing lives through her customized professional development programs and signature presentation style.

For the past 25 years, Mary has been sought out by numerous organizations in the public, private and education sector throughout Canada and the United States, including many Canadian Olympic Committees and Olympic athletes. Combining tremendous insight and sensitivity, practical strategies for success and her trademark sense of humour, she has helped her clients move their performance from ordinary to extraordinary.

Mary has a Master of Arts in Adult Education as well as a background in Sociology, Human Resources, Teaching and Counselling. Audiences describe Mary as someone who trains with passion and ignites the passion in others.



## CONFERENCE SCHEDULE

*Saturday, March 6, 2010*

- 8:00 Registration, refreshments
- 9:00 **Keynote Address**
- 10:00 Break
- 10:15 **Morning Workshops**
- 12:15 First Lunch
- 1:00 Second Lunch
- 2:00 **Afternoon Workshops**
- 4:00 Umbrella Annual General Meeting

## MORNING WORKSHOPS 10:15 a.m. - 12:15 p.m.

### M-1 LET'S EXPLORE ASD – FROM EARLY SIGNS TO SUCCESSFUL STRATEGIES

Join us as we explore ways of teaching and supporting children with Autism in your classroom. In this information filled workshop we will share practical strategies that you can use from the beginning to the end of your day. We will also review ways that you can support the family, your team, as well as yourself to ensure successful inclusion. We will explore and discuss Autism from the early signs, diagnosis, to your daily programming plans. Come prepared with questions, specific issues and successful strategies that you would like to share and discuss.

**Jennifer Cloke-Campbell** R.E.C.E., R.T. brings 15 years front line experience in the childcare field from infants to schoolage and is currently working as a special needs resource consultant for George Brown College.

**Janet Scott** R.E.C.E., R.T. brings 20 years front line child care experience as well as a supervisor. She is now supporting children as a special needs resource consultant with the Foundation for Student Success.

### M-2 BEYOND BANNING BATMAN – Understanding Superhero Play in Early Childhood Environments

Children naturally imitate fearless superheroes who can overcome any challenge put before them. However often adults discourage superhero play for fear that it will become too disruptive, or that children will experience long term negative impacts on the child's development. This interactive workshop allows the participants to understand the various theories related to Superhero play in the early childhood classroom in order to develop their own philosophies of managing this common approach to symbolic play.

**Shawna Lee, ECE.C,IP** is a Children's Mental Health Consultant as well as a Child Care Program Supervisor for Kinark Child and Family Services. She leads several behaviour management courses for parents and staff.

### M-3 SPRING DAZE

Emerge from hibernation and blossom with literally 101 new ideas for spring! Based on her book, 'Spring DAZE,' Marcia Arpin will motivate and inspire those who work with children of all ages. This workshop includes a brainstorming session to generate new ideas, and a "make and take" resource.

**Marcia Arpin** is an ECE with experience in Toddler, Preschool and School Age programs. She is the author of activity books and a website visited by thousands.

# MORNING WORKSHOPS (cont'd)

10:15 a.m. - 12:15 p.m.

## M-4 FULL DAY EARLY LEARNING AND YOUR CHILDCARE CENTRE'S FINANCES

Be prepared for what could be the biggest shift in childcare delivery in the past 25 years. Phil Cowperthwaite will examine how the introduction of Full Day Early Learning (ELP) is likely to affect your centre's finances over the short- and the long-terms. The focus will be on bringing you up-to-date on what is known and separating fact from rumour. Specifically:

- What effect will this program have on your centre's enrolment?
- When will the school in my area be chosen for ELP?
- When will the ELP school in my area establish a before- and after-school childcare program for four- and five- year olds?
- How will the subsidy system work for the various programs?
- What salary grants currently received by our staff will continue to be available?
- How will our Pay Equity responsibilities be affected by ELP?
- Where do I get answers to these questions?

**Phil Cowperthwaite** specializes in financial management, auditing and tax services and advice in the not-for-profit childcare sector. He has over 20 years experience servicing childcare centres in the greater Toronto area.

## M-5 STORY AND DRAMA

Participants will engage in a variety of improvisation activities and games designed to build drama skills. We will explore tableaux, hot seating, mime, soundscapes and script. A literacy connection will be made through the use of picture books as source for drama. Participants will leave with a handout clearly outlining the games and activities presented, other improv games and activities, and a list of resources. This active workshop will focus on giving teachers skills and ideas that can be readily used both in their classes and in an after school drama club setting.

**Joe Crone** is a singer, songwriter, dramatist and educator. He visits schools with his company "Educationalive" doing workshops and performing in concerts. He works with The Royal Conservatory of Music and has developed a music and games based phonics program that has met with much success in helping students master the complexities of the English language.

## M-6 PLAYGROUND PLANNING

This session will begin with an environmental audit, a reflection on children's interests, abilities and their thinking processes. Let's design outdoor environments that truly engage children. How can loose materials support the inclusion of all children?

**Kathy Spinks** is a faculty member at Seneca College in the School of Early Childhood Education. She has 20 years in the field working with all age groups.

## M-7 THE JOY OF LITERACY

In this workshop, providers will tell stories, look at various top-notch children's books, and exchange some favourite rhymes and songs. Learn how to run a fun-filled Reading Circle, and how to make your environment more literacy friendly. (For age groups 1-6 years)

**Dave Page and Cathy Webb** of the Macaulay Child Development Centre have worked in the ECE field for a combined total of over 35 years. As Early Literacy Specialists, they deliver workshops and programs and collaborate with Ontario Early Years Centres, Public Health, schools and other agencies to deliver fun-filled, age-appropriate literacy programming.

## M-8 EMERGENT CURRICULUM

Dr. Pascal clearly has come out as a proponent of emergent curriculum in the report on early learning - *With Our Best Future in Mind*. Research suggests that this type of curriculum is empowering for children, parents and early childhood educators. Find out why the journey to curriculum transformation is worth the effort but learn what to avoid along the way. If you define emergent curriculum too narrowly you will limit its potential. Find out why emergent curriculum is not just about children's interests but involves a deeper understanding of values, beliefs and theory. How does emergent curriculum fit with the ELECT and the newly realized Every Child: Every Opportunity. Find out how you can begin your journey to the greatest curriculum ever!!!!

**Diane Kashin** is an ECE professor at Seneca College and the coordinator of the Bachelor of Applied Arts - Child Development, Seneca's new degree. In 2007, Diane finally successfully defended her doctoral dissertation entitled: *Reaching the Top of the Mountain: The Impact of Emergent Curriculum on the Practice and Self-Image of Early Childhood Educators*.



**REGISTER EARLY TO AVOID DISAPPOINTMENT!!!**

# MORNING WORKSHOPS (cont'd)

10:15 a.m. - 12:15 p.m.

## M-9 KIDS HAVE STRESS TOO

This workshop will increase knowledge and application of stress reducing strategies. Learn how you can make a difference by learning age appropriate coping strategies to help children successfully manage their stress. Participants will gain an increased awareness of stress from a child's point of view and the impact of stress on a child's physical, mental and emotional coping abilities and how it affects their behaviour.

**Jill Levine** is an ECE and is currently a trainer with The Psychology Foundation of Canada delivering workshops and information on the Kids Have Stress Too! Program.

## M-10 SCHOOL AGE MAKE AND TAKE

This workshop will consist of art and craft activities that you will be able to create and take home with you - bring your creativity!

**Rebecca Woodhouse-Taylor** has over 10 years experience working with school-age children, creating exciting and innovative programs. She has her Recreation and Leadership Diploma and is currently a Director of an Umbrella Before and After School Program.

## M-11 ACTIVE GAMES FOR ALL AGES

Participants will be introduced to simple, fun games for a variety of age groups (2-12) that will boost children's self-esteem and stimulate their creative growth. **Bring your gym shoes** and get ready to participate in this energetic, fun workshop.

**Andy Cummings** is a facilitator for Lets Play Activities. He provides hands-on workshops for centres and has developed programs for special needs children.

## M-12 "THIS LITTLE LIGHT OF MINE"

Join us in celebrating our own inner light and learn how to teach children about theirs. Once children understand and are aware that all things on this planet have an "inner light" they will live with gratitude and respect for all. You will leave with activities and ideas to make your classroom a place of peace, respect and kindness. Let's all Shine!

**Denise Kilbride** has worked as an Early Childhood Educator for over 20 years and has been facilitating workshops for over 5 years. Her training as a life coach and of the performing arts enhances the fun interactive style of her workshops.

## M-13 SCIENCE AND SENSORY - A NEW TWIST ON THE OLD SENSORY BIN

Is your sensory bin only filled with sand or water? Are you looking for new ideas to spruce up an old bin? You can bring science to your classroom in your sensory bin. This workshop will have you gathering and using all kinds of new items in your bin. From everyday edibles for the very young to science experiments for older children. Come prepared to play and make your bin a favourite place for the children to stay.

**Stacey Rammuno** has been in the childcare field for 27 years. Her love of planning and implementing theme based programs has won her awards for summer programming.

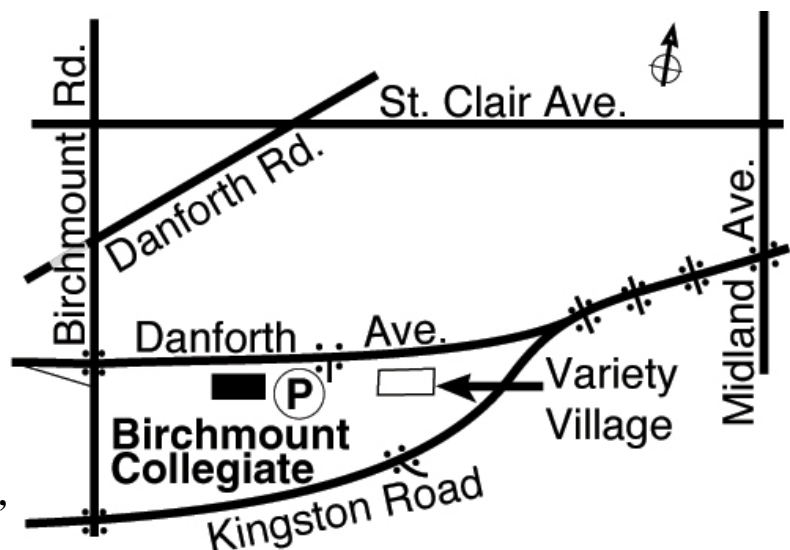
## Conference Location

**Birchmount Park Collegiate Institute**  
3663 Danforth Avenue  
Scarborough, Ontario

**Parking at the school is limited - arrive early to ensure a spot or take transit!!!**

**TTC (416-393-4636) Ride Cliffside 20 from Main Station to Danforth and Birchmount; walk 200 metres east.**

**TTC. Ride Warden South 69 from Warden Station to Danforth and Birchmount, walk 200 metres east.**



# AFTERNOON WORKSHOPS

2:00 p.m. - 4:00 p.m.

## **A-1 EFFECTIVE COMMUNICATION (THE L.A.M.B. METHOD - LISTEN, ACKNOWLEDGE, MIND, BRAINSTORM)**

This workshop will describe how to use the L.A.M.B. method with your pre school and school age children. It will provide you with guidelines you can use to open up the lines of communication and show you what to do when communication appears to be impossible. The L.A.M.B. method will help you to set and enforce rules, limits and responsibilities. It can also help teachers and parents deal with the tough issues children face today. Learn how teachers and parents can use their influence when it comes to values, expectations and tough issues and get tips for getting the conversation started. *Pasquale Fulginiti* is a Registered Educator, Parent Coach, Author and National Speaker. He has been recognized for his innovative approaches in changing the paradigm in how we teach and parent in a media age.

## **A-2 DESIGNING SPACES FOR PLAY, CREATIVITY AND LEARNING**

This workshop helps Educators visualize and plan their ideal space for young children. By learning Design Principles, participants will begin to create an environment for play, creativity and learning. Educators will also learn how to effectively design interest areas to enhance the skill development in art, drama, problem solving, literacy, math, and scientific discovery.

*Marcia Arpin* - see Workshop M-3.

## **A-3 YOU TOO CAN BE RESILIENT!**

Resilient people are those who manage to “bounce back,” virtually no matter what curves life throws at them. Resilient people are healthier and happier than those who haven’t developed their skills in this area! In this interactive workshop we will discuss what the barriers to resiliency are and how to overcome them. We will do some skill identification and discuss how to further develop your skills. Participants will leave the session with some materials to enhance their resiliency – both at work and in their personal lives. *Anne MacIver* believes in the importance of people working together to achieve common goals in a positive work environment. In her 30 years in child care Anne has worked as a teaching staff, a supervisor and a manager as well as teaching post diploma supervisory courses at one of the colleges.

## **A-4 TRANSITIONS**

Spending too much time “lost” in transitions? Struggling to get from point A to point B? If you answered yes, join us to learn how to minimize the chaos and maximize the learning. Transitions are a big part of group care and often valuable learning opportunities are missed. Participants will look at the necessity of transitions, gain insight and develop workable ideas for making them more positive for children and adults alike.

*Lucy Patterson* and *Margaret Malina* are resource consultants with Centennial Infant and Child Centre. Together, they have over 30 years of experience in childcare.

## **A-5 TRAINING IN THE EFFECTIVE USE AND IMPLEMENTATION OF THE EARLY CHILDHOOD ENVIRONMENTAL RATING SCALE (ECERS,R)**

ECERS,R is designed to assess process quality in Early Childhood programs. Measures consist of evaluating, interactions, as well as space, schedule and materials that support these interactions. Assessment is done primarily through observation techniques. Learn to use the tool effectively through the use of handouts and simulated video observations. Information will be available on purchasing ECERS,R, ITERS and SACERS , however should you already have a copy of this document at your Child Care please feel free to bring it with you to the training.

*Shawna Lee, ECE.C,IP* leads several behaviour management courses for parents and staff and is a certified trainer for the ECERS document.

## **A-6 BEHAVIOUR GUIDANCE – THERE IS NO MAGIC FAIRY DUST! (SCHOOL-AGE)**

In this session, participants will learn the difference between punishment and discipline and have the opportunity to learn a variety of key strategies for developing and understanding school age behaviour while highlighting the importance of peer groups, self regulation, becoming independent and creating a respectful environment.

*Kathy Spinks* - See Workshop M6.

## **EXHIBITS AND DISPLAYS**

**In addition to the great opportunities for networking with colleagues, you’ll be able to visit with many service providers, talk with company representatives and discover new products.**

# AFTERNOON WORKSHOPS (cont'd)

2:00 p.m. - 4:00 p.m.

## A-7 PASSIONATE ABOUT PRESCHOOLERS

Let's learn about what is really going on during the Pre-school years. Participants will leave with a better understanding of the social and emotional development of young children and how to encourage positive growth for these special little people.

**Cherie Dale** has been caring and learning with young children for over 17 years. She is currently working as a Resource Consultant at Adventure Place.

## A-8 CARE FOR THE CAREGIVER - YOGA

Linda will draw on her experience of yoga, meditation, and will focus on you, the caregiver,. This active workshop will present practical applicable relaxation and stress relief exercises and self care. Be pro-active in caring for yourself and thus more able to care for others. Participants should expect to learn new ideas and gain skills in stress management and discover how accessible a healthy balance between work, rest and play can be. **Wear loose, comfortable clothing. Bring a blanket and small pillow.**

**Linda Varnam** is an Early Childhood Educator and certified Yoga Instructor. Her classes and workshops are active and practical.

## A-9 SUMMER PROGRAMMING FOR SCHOOL-AGE

Dreading the summer months with your school-age group? Keep them busy and interested this summer with "Theme Based Summer Programming." Pick a subject of interest and then ... enter another world with your school-agers. Participants will learn how to create a summer experience for themselves and their charges. Learn how to create your classroom setting, plan and implement activities on a limited budget with limited resources. Make this a stress free summer to remember! **Stacey Rammuno - See Workshop M-13**

### DOREEN EVELYN AWARD

One \$500.00 award per year is given to a person who is an asset to the child care field in order to continue their professional development as an Early Childhood Educator. See page 7 for nomination form.

## A-10 CROSS CULTURAL COMMUNICATION FOR ECE'S

This interactive workshop is designed for ECE's hoping to learn appropriate cross cultural communication. The instructors will define appropriate and inappropriate behaviours and share stories that highlight the positive aspects of informed cross cultural communication and the negative outcomes of inappropriate communication and etiquette.

**Donna Smith** M.E.C.E teaches part-time at George Brown in the E.C.E program. **Simmons Phillips** has 15 years childcare management experience and teaches Working with Families and Financial Management at George Brown College.

## A-11 DRUM MAKING AND RHYTHM

Participants will make their own wooden box drum. They will explore beat, rhythm, movement and dynamics and learn how to run their own drum circle. The box drum project uses art and writing and will allow your students to create their own unique drum. Their drum will then come to life and become a critical part of the whole through the drum circles that you facilitate. Children of all ages love this project for its creativity, music, and the unity that it creates. Workshop participants will leave with a detailed lesson plan and many ideas.

**Please bring a hammer and \$5.00 to cover the cost of materials.**

**Joe Crone - see Workshop M-5.**

## A-12 DOLLAR STORE PROGRAMMING

Discover how to make the most out of a limited budget and provide a quality program for young children. **Susan Morris** is with the YMCA of Greater Toronto and presently with the Ontario Early Years Centres in Durham Region.

### FUN FEATURES

#### Silent Auction

Each year we hold a silent auction to raise funds to enhance our services - typically we purchase items to add to the resource library. Be sure to bring some cash or your chequebook so you can bid on the many exciting silent auction items. Always lots of fun!

#### Door Prizes

Draws will be held during lunch for prizes generously donated by suppliers to the child care community. Your lunch ticket may have a winning number!



**UMBRELLA**  
*Central Day Care Services*

1220 Kingston Road  
Scarborough, Ontario  
Canada M1N 1P3  
Tel: 416-686-9869  
Fax: 416-686-9870

## **Doreen Evelyn Award Criteria**

**The Doreen Evelyn Award is given in honour of Doreen's inspiration to the Early Childhood Education field. An annual award of \$500.00 will be presented to an ECE currently employed in an Umbrella member centre.**

**Deadline for submission is February 17<sup>th</sup>, 2010. The recipient will be announced at the 2010 Annual Umbrella conference.**

### **Nominations Procedure**

A nomination for this award must be made by a Board member, Director or staff of an Umbrella member centre.

Letters of Nomination must include:

- Information about the nominee in areas of professional development, years of dedication and their commitment to the field.
- The nominee's full name, address, telephone numbers, e-mail
- The nominator's name, address, centre name and telephone numbers, e-mail

In one page or less please describe the nominee's current and past involvement in the child care field and address how the nominee meets and/ or exceeds the criteria below.

1. The nominee must demonstrate continuing education through attendance in workshops, seminars, conferences, and any course related to the field of Early Childhood Education
2. The nominee must demonstrate professionalism and recognize the importance of team work and must demonstrate the skills necessary to do so
3. Identify ways that the nominee demonstrates community involvement.

Umbrella Central Daycare Services is offering one \$500.00 award per year to a person who is an asset to the child care field in order to continue their professional development as an Early Childhood Educator. The Award recipient will be expected to accept the Award at the Annual Umbrella Conference on March 6, 2010.

The Selection Committee will be comprised of members of the Umbrella Board of Directors.

Submit nominations to:

**Nominating Committee**  
**Doreen Evelyn Award**  
**Umbrella Central Day Care Services**  
**1220 Kingston Road**  
**Scarborough, Ontario M1N 1P3**  
**Phone: (416) 686-9869 Fax: (416) 416-686-9870**  
**E-mail: [director@umbrelladaycare.com](mailto:director@umbrelladaycare.com)**

*"A charitable,  
Non-Profit  
Corporation"*  
*Registered Charity*  
*#05215590722*

## Registration Information

Registrations are processed on a first-come, first-serve basis.

Early Bird Special ends February 12, 2010.

Lunch is NOT included in half-day registrations.

**REGISTER EARLY** to get the workshops of your choice and avoid disappointment.

Priority is given to fully-paid registrations. If a receipt is required, enclose a stamped, self-addressed envelope.

Please use one form for each person.

No confirmation of your registration will be sent. When you arrive at the Conference, check in at the registration desk to receive your registration package.

Registrations **ARE** transferable. If you must cancel your registration, submit a written request to Umbrella by February 12, 2010 and include the name of the replacement person.

## FEATURES

Over 20 workshops to choose from!

Keynote Speaker

Networking Opportunities

Exhibits

Door Prizes

Childcare Resources

Silent Auction

.... and much more!

## About Umbrella

Umbrella Central Day Care Services is an innovative, non-profit, charitable corporation that assists the child care community in offering quality programs for children.

Umbrella provides support to all child care professionals through resources, research, education and networking.

The face of child care is changing at a rapid pace and Umbrella has worked hard to meet the needs of the child care profession in these challenging times. We continue to provide essential services, current information, affordable professional development, and a resource centre which serves the entire child care community.

We provide networking events and various training opportunities as we host workshops and conferences. We are sensitive to the needs of our members, and offer many services. See our list below. We also operate 8 child care centres in Durham Region.

View our website at [www.umbrelladaycare.com](http://www.umbrelladaycare.com)

### Umbrella Initiatives and Services (selected)

Curriculum Kits	Colour Copying Service
Training	Accu/Cut Machine
Employment Referrals	Library
Special Event Rentals	Board of Directors Training
Workshops	Specialty Publications
Newsletter	ECE Workshops
Group Insurance	Event Childcare
Resource Centre	School-Age Conference
Facilities Rental	Industry and Government Liaison
School-Age Network	Annual Conference



See you at the Conference  
March 6, 2010

**CONTACT US:** Umbrella Central Day Care Services Inc.  
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Fax: 416-686-9870  
Website: [www.umbrelladaycare.com](http://www.umbrelladaycare.com)  
Email: [director@umbrelladaycare.com](mailto:director@umbrelladaycare.com)