

# KEYNOTE SPEAKER

## "The 4 Crucial C's Every Child Needs"

"Children everywhere have the same basic needs that must be fulfilled in order to develop a positive self-esteem and to build relationships that are cooperative, caring, and respectful. Fulfilling these needs creates the foundations for constructive social living and mental well-being." Teachers and Caregivers are no different! Discover how to get "C positive".



Alyson Schäfer is this year's keynote speaker. She is a psychotherapist, best selling author of "*Breaking the Good Mom Myth*" and host of TV's *The Parenting Show*. She teaches child guidance workshops working with parents one-on-one in her parent coaching practice.

Alyson is a consultant and conducts training sessions, workshops and presentations for staff and parent council groups across the GTA and beyond. She is called on regularly by the media as a child guidance and discipline expert and has appeared on such notable shows as the Montel Williams Show, TVO's *Agenda* and *Health on The Line*, to name a few. Interviews with Alyson appear in *Cosmopolitan*, *Reader's Digest*, *Today's Parent*, *Canadian Living*, *Chatelaine*, *Canadian Family* and others.

All of her work is based on the teachings of the humanist psychiatrist Alfred Adler. She is a third generation Adlerian herself. Her father and grandmother were co-founders of the Alfred Adler Institute of Ontario, the precursor to the Adler School of Ontario where Alyson holds her Masters Degree in Counseling Psychology.

In addition to her formal clinical training and years of teaching experience in an Adlerian Nursery School, Alyson continues to learn about life with children as she and her husband Ken raise their own two girls (12 and 13). They live in a small hamlet in the country north of Toronto.

# MORNING WORKSHOPS 10:15 a.m. - 12:15 p.m.

## M-1 EFFECTIVE FINANCIAL ADMINISTRATION

This workshop will help you: prepare an effective budget for your child care centre; identify key internal controls to make sure resources are used efficiently and effectively; understand reporting to Boards of Directors - what to report and how often; and understand the audit process and maximize value from your audit.

**Brendan Pennylegion** is a sole practitioner who also works with Cowperthwaite Mehta, Chartered Accountants. He specializes primarily in providing financial management, auditing and tax services and advice to service based not-for-profit organizations in the Greater Toronto Area.

## M-2 INTEGRATING "MULTISENSORY MATERIALS" INTO YOUR EARLY LEARNING ENVIRONMENT

Learn effective techniques to integrate multisensory materials into classrooms. Participants will create kits to enhance their learning environments in the areas of language, arithmetic and the sciences through the use of sensory-motor activities. This workshop will provide opportunities for creating materials that can be effectively and easily integrated into early learning environments.

**Charlene Abrahams** is an internationally certified teacher trainer and consultant. She facilitates professional development and parent workshops in the areas of stress management, communication and integration of children with special needs.

## M-3 DRAMATIC PLAY: STORYTELLING

This interactive workshop will explore the ways that stories can be brought to life using dramatic play. From dramatic live action stories to reading from picture books, participants will learn dramatic conventions to create atmosphere, create a character, make a character express itself, view from the outside, and retell the story in a different way. Participants will learn how to adapt activities to promote literacy and oral communication. Can be adapted for all ages.

**Theatre Peace** is a not-for-profit educational theatre company that offers workshops, performances, after-school, in school, and summer programs to schools, community groups, and organizations. Christina Akrong is the Founder of Theatre Peace.

**REGISTER EARLY TO AVOID DISAPPOINTMENT!!!**