



21st Annual *Umbrella Conference*



*Child care is not expensive,
it's priceless*

Registration Guide

Saturday, March 4, 2006

Birchmount Park Collegiate

3663 Danforth Avenue, Scarborough, Ontario

Conference Hosted by: Umbrella Central Day Care Services Inc.



Features

**Over 20 workshops
Networking Opportunities
Exhibits
Door Prizes
Childcare Resources
Umbrella Central Day Care Services AGM
Silent Auction
... and much much more!**

Learn about
Toronto City Councillor
Janet Davis inside. She's
going to be our keynote
speaker. Read her bio
on page 6.





About Umbrella

Umbrella Central Day Care Services is an innovative, non-profit, charitable corporation that assists the child care community in setting up, administering and offering quality programs for young children.

Umbrella provides support to all child care professionals through resources, research, education and networking.

The face of child care is changing at a rapid pace and Umbrella has worked hard to meet the needs of the child care profession in these turbulent times. We continue to provide essential services, current information, affordable professional development, and a resource centre which serves the entire child care community.

Some of our services includes provision of consultations, training, employment referrals, workshops, curriculum kits, school-age network, newsletter, group insurance, resource centre, facilities rental, colour copying service, Accu/Cut machine, library, Board of Directors training, specialty publications, school-age conference, industry and government liaison, and, of course, our Annual Conference. We also operate 6 child care centres in Durham Region.

View our web site at www.umbrelladaycare.com



Conference Schedule

- 8:00 am Registration, Coffee
- 9:00 Keynote address by Councillor Janet Davis
- 10:15 Morning Workshops
- 12:15 pm First Lunch
- 1:00 Second Lunch
- 2:00 Afternoon Workshops
- 4:00 Umbrella Annual General Meeting



Fun Features

Silent Auction

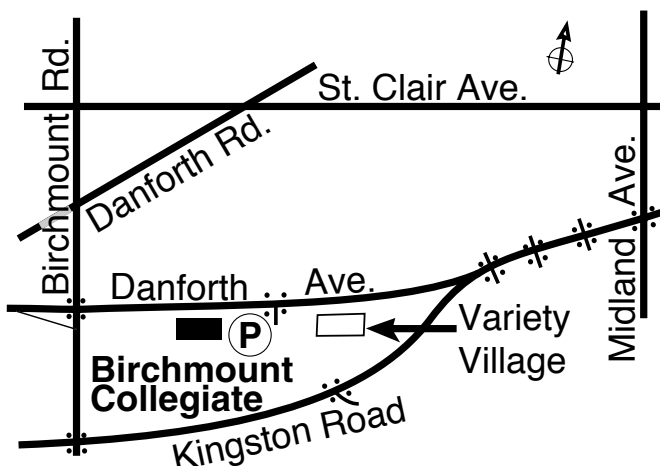
Each year we hold a silent auction to raise funds to enhance our services – typically we purchase items to add to the resource library. Be sure to bring some cash or your chequebook so you can bid on the many exciting silent auction items. Always lots of fun!

Door Prizes

Draws will be held during lunch for the many prizes generously donated by suppliers to the child care community. Your lunch ticket may have a winning number!



Location



Birchmount Park Collegiate Institute,
3663 Danforth Avenue, Scarborough, Ontario
There is free parking at the school.

By TTC. (416-393-4636) Ride Cliffside 20 from Main Station to Danforth and Birchmount; walk 200 metres east.

or

Ride Warden South 69 from Warden Station to Danforth and Birchmount; walk 200 metres east.



Morning Workshops

M-1. R.E.S.P.E.C.T (Real Early-Childhood-Educators Sharing Peace Empathy Compassion Tolerance)

Adopting attitudes of respect and tolerance is an essential skill for anyone working with families, especially in a city as diverse as Toronto and its surrounding areas.

This workshop will focus on refining our communication skills so that our child care centers are places where peace and tolerance are practiced by adults and learned by children. Key aspects covered are active listening, group problem solving, developing empathy and exploring diversity. The workshop will include many fun, hands-on learning activities.

Jennifer Sabatini is an ECA instructor at Yorkville College. She has been in the child care field for close to 20 years and has worked with many types of families, and age groups.

M-2. BUILDING POSITIVE RELATIONSHIPS WITH SCHOOL STAFF

When school age programs share space in the schools, it is integral to ensure that both the service provider and the school staff have a clear understanding of each other's roles and responsibilities. Building positive partnerships with the school staff enhances school age programs and we would like to share successful strategies which have worked well in establishing our 62 before and after school programs. This is an interactive

workshop which allows participants the opportunity to also share road blocks and creative strategies.

Holly Gerrits has been the Manager for the London Children's Connection School Age Program for 15 years. She currently manages 63 before and after school programs in London. She developed the curriculum for the "School Age Child Care Post Diploma Certificate" courses at Fanshawe College and currently teaches these courses through continuing education.

Bill Tucker is the Superintendent of Education for the Thames Valley District School Board (TVDSB). Bill is responsible for the Special Education programs through TVDSB.

Holly and Bill have presented at conferences in the United States and across Ontario.

M-3. THE IMAGINATIVE VOICE

This workshop begins with a range of fun, simple drama games for children 5 - 12 years old, games that loosen the body, free the imagination, and develop the focus and cooperative skills essential to theatre. We then explore "story drama," a versatile dramatic process that uses the children's ideas to invent a story. This is an activity into which children pour their imaginative worlds, building an original story from characters they create, using basic improvisation and consensus. Story drama gives voice to children's imaginations and a focus to their creative ideas.

Jane Wells is an actor and writer based in Toronto. Since June, 1996, Jane has worked as Artistic Resource Teacher (Drama) at the Trinity Bellwoods Community Children's CARE Group, an arts-focussed, child-directed daycare and enrichment program, providing after school care for children six to twelve years old, and operating the award-winning program "Art in the Park," an outdoor summer arts camp for school aged children, in Trinity Bellwoods Park. In 2004/5, Jane was a recipient of an OAC Artists in Education grant.

M-4. SIGN LANGUAGE IN THE CLASSROOM (Infant to Kindergarten)

Come and uncover the benefits of Sign Language for hearing children. Discover fun and interactive ways to incorporate Signed English in your classroom. By learning signed words and the alphabet, you will discover how Sign Language can improve hearing, children's listening, attention, language, and fine-motor development. You will explore how to incorporate Sign Language throughout your program such as circle, transitions, and learning experiences. You will actively learn signs for familiar songs and games. Signed English dictionaries will be available for purchase. You will also receive resources to take away at the end of the workshop.

Karen Monaghan's passion for teaching young children and her interests have led her to pursue a degree in Drama in Education, an ECE diploma, and training in Jolly Phonics, Signed English and ASL. She has been teaching Junior and Senior Kindergarten for seven years and is currently the Assistant Manager of Mothercraft Robertson House Centre for Early Development.

M-5. SETTING THE STAGE FOR MOTIVATING STAFF

Are we really providing a climate for motivation? This interactive workshop is for Directors/Supervisors to look at the true motivators that impact our staff. Those internal

**NOT-FOR-PROFIT ORGANIZATIONS,
WE KNOW YOUR TYPE.**

**BROWNING, MILGRAM
CHARTERED ACCOUNTANTS**
5255 Yonge St., Suite 700, Toronto, ON. M2N 6P4
Phone: (416) 221-3298 Fax: (416) 221-7005

4 Registration Guide

elements; sense of accomplishment, recognition for achievement, professional growth, responsibility, the work itself, and the inspiration to improve performance. We will share and explore how to set the stage and create an environment where staff motivate themselves.

Joy Lerman has worked as a facilitator trainer for PCPC for over 12 years. She provides workshops for professional staff, Boards of Directors and parents. Joy's interactive style provides workshops that are creative, dynamic and energetic.

M-6. CHILDREN AND DIVORCE: THE ROLE OF THE EARLY CHILDHOOD EDUCATOR [Offered again in afternoon as A-9]

Divorce not only affects the kids, but the centre can become the setting where the parents play out their conflict. This workshop will discuss the impact of divorce on young children and how to manage parent's behaviour when it intrudes on the Early Childhood Educator and Day Care setting.

Gary Direnfeld is a child-behaviour expert, a social worker, and the author of *Raising Kids Without Raising Cane*. Gary not only helps people get along or feel better about themselves, but also enjoys an extensive career in public speaking. He provides insight on issues ranging from child behaviour management and development; to family life; to socially responsible business development. Courts in Ontario consider Gary an expert on matters pertaining to child development, custody and access, family/marital therapy and social work.

M-7. DON'T WORRY, BE HAPPY!

Is your centre in a slump? Are you looking for ways to boost the morale at work? Many of us go through our days forgetting to laugh while getting caught up in work related issues. Laughter has proven to help the human spirit in so many ways. You will leave this workshop with a package of at least 20 easy ways to bring a SMILE to your centre and help motivate the staff, children and families. Come prepared to have fun!

Cherie Dale has been caring and learning with young children for over 12 years. Currently she is a Resource Consultant at Kids Haven Community Childcare.

M-8. PUPPETS AND FELT BOARDS

Learn practical strategies on how to integrate literacy into your classroom through the use of handmade puppetry. Be prepared to get "down and dirty" creating some of the contents of a book bag.

Elaine Winick is currently an Early Literacy Specialist with Ontario Early Years, York Region and teaches part-time at Seneca College. She has extensive experience in Child Development, Education, and working with families. Elaine has a passion for storytelling and sees it as a valuable teaching tool.

M-9. BUILDING A DYNAMIC MUSIC PROGRAM

This hands-on workshop will focus on building skills and knowledge in order to create a music program that will captivate your students and enhance all facets of child development. Participants will move beyond using music for entertainment and explore ways to build math, language, social-emotional and fine and gross motor development. Specific music activities will be introduced to help children learn target concepts like same vs different, food groups, and introduce basic dance/movement skills and enhance listening skills. Teachers will also help each

other extend their repertoire and take new songs and activities back to their programs. Learn how to build a successful and dynamic music program that will have your students wanting to participate and cooperate based on self esteem building techniques. Participants will also explore teaching music to children with disabilities.

Michael Anderson has been working in child care for over 20 years and has promoted music in settings such as The Clarke Institute of Psychiatry (CAMH), Earls court Child and Family Centre, Youthdale Treatment Centre, The Redwood Shelter for spousal abuse, and numerous child care centres throughout Southern Ontario. Michael was responsible for licensing and managing the Toronto District School Board's Seamless Day Program at Parkdale Child Care, as well as Unicorn Day Care. Michael now operates Monkey Business Creative Services which provides music and media programs and presentations to over 50 child care centres and schools in Toronto. Michael has produced 3 music CDs designed to stimulate and educate young children, which are often used as teaching tools in music programs.

M-10. GETTING THE BEST OF BOTH: COMBINING THEME BASED PROGRAMMING WITH EMERGENT CURRICULUM IN THE CLASSROOM

This workshop will discuss both theme based programming and emergent curriculum. Participants will find out how they can still program with themes but incorporate ideas that emerge from them.

Lori Foreht is the Supervisor of Wychwood Tigers Daycare. She has a degree in Psychology. **Florence Kirchner** is Assistant Supervisor of Wychwood Tigers Daycare and holds a degree in Sociology.

M-11. GET FIT THROUGH GAMES AND MOVEMENT (GYM)

In this workshop you will be introduced a variety of indoor and outdoor activities for children of all ages which will encourage children to become physically fit while having fun. Music and movement, ball and parachute games, and many more games activities will be played. At the end of the session, there will be time set aside for sharing ideas of using recycled items to make props that will enhance outdoor play. Please come comfortably dressed, and be sure to bring your running shoes.

Cecile Smith is an ECE presently working with preschool children. She has also worked in Parks and Recreation programs and organizes church sports programs for children.

Is the Registration Form missing?

If the separate sheet Registration Form has been removed, please call us at Umbrella for another copy of this Registration Guide and Conference Registration Form. Perhaps you could make a copy of the Form before filling it in if you have associates who would be interested in attending the conference.



For your own records

Make a note of what workshops you signed up for.

Workshop Selection

I selected these workshops.

Workshop preferences cannot be guaranteed, but everything possible will be done to honour your choices. Workshops are filled on a first-come, first-serve basis.

Morning (10:15-12:15) 1st _____ 2nd _____ 3rd _____

Afternoon (2:00-4:00) 1st _____ 2nd _____ 3rd _____

Conference Fee Schedule (Pre-registration prices)

	Students	Members	Non-members
Morning only	\$40.00	\$70.00	\$95.00
Afternoon only	\$40.00	\$70.00	\$95.00
All Day	\$55.00	\$100.00	\$140.00

If you register at the door, pay \$10.00 extra.
Please pre-register by Friday, February 17, 2006.

Contact Umbrella

Umbrella Central Day Care Services
1220 Kingston Road
Scarborough, Ontario
M1N 1P3



Registration Information

Registrations are processed on a first-come, first-serve basis. Register early to get the workshops of your choice and avoid disappointment.

Priority is given to fully-paid registrations. If a receipt is required, enclose a stamped, self-addressed envelope.

Group Discounts

Register five staff, directors or parents from the same centre for the conference and a sixth comes free!! The free fee applied to the sixth person is for a lesser amount if applicable. When applying for a group discount, please send all forms and all fees in the same envelope together.

Cancellations

Conference registrations ARE transferable. If it becomes necessary to cancel your registration, please submit a written request to the Umbrella office by February 17, 2006. No refunds will be issued after the February 17, 2006 deadline.

Please Note

When you arrive at the Conference, check in at the registration desk where you will receive your registration package.

Notes

Mark your calendar for March 4, 2006.
We look forward to seeing you at the
21st Annual Umbrella Conference!



Janet Davis, keynote speaker



Councillor Janet Davis
Ward 31, Beaches-East York,
City of Toronto

All children deserve the supports necessary for the best possible start in life. Families, of course, raise children. The role of government is one of shared responsibility in a commitment to provide the resources and policies that encourage those providing services, communities and families to work together to develop the best environments for children.

Everyone, regardless of family status, cultural background, political affiliation or religious beliefs, agrees that we want our children to thrive. In the current vocabulary, we want positive child outcomes. The desire that children achieve competence and health in all aspects of their lives does not stop with individuals and families.

In the last decade, childhood has become a topic of great and increasing interest for institutions both here and internationally. Organizations such as the OECD, UNICEF and the World Bank have made strong arguments for investment in programs promoting sound education, development and care for children. Closer to home, Dr. Fraser Mustard and The Hon. Margaret Norrie McCain produced *Reversing The Real Brain Drain: The Early Years Study*, which recommended integrated early childhood development and parenting centres for every community.

Over 25 years of research tell us that good children's programs enhance childhood. In some cases, such as child care, not only are they good for children, they enable parents to work or attend school. At times, they make the difference in succeeding or not in later life.

Toronto's Vision for Children provides strong support for universal access to services. The principles include the recognition of children as unique beings with differing needs for nurturing and support and timely access to universal, high-quality, developmental and affordable programs which support families with young children, throughout the family life cycle, in their roles as parents, workers and urban citizens.

The Mayor's Roundtable on Children, Youth and Education was given the task of providing advice to the Mayor and Council on integrating services for children aged 0-12. I have chaired the Children's Working Group of the Roundtable throughout 2004-05 and developed many recommendations. The key recommendation of this document is The Best Generation Yet. The goal of The Best Generation Yet should be nothing less than a City that aspires to become the best place in the world to be a child!

I truly believe that: Child care is not expensive – it's priceless!!!

A native of Cambridge, Ontario, Janet Davis is a former ECE. She has long been committed to publicly funded, quality child care.

Shortly after the birth of her first child in 1979, Janet became the first person ever to make a deputation to the local City Council on the issue of childcare. After attending the founding convention of the Ontario Coalition for Better Child Care in 1982, she helped set up and run the Hamilton chapter for three years.

In 1985, Janet became the first staff person employed by the Ontario Coalition for Better Child Care. In 1987, Janet accepted a position at the Toronto District School Board (TDSB) as its Child Care Community Program Advisor. That position, along with her election as President of the Ontario Coalition for Better Child Care in 1990, gave Janet the opportunity to work with parents and schools to help build nearly 100 community child care centres in Toronto.

As an executive member of CUPE 4400, Janet worked to protect quality public education and the vital role of educational assistants, support and maintenance staff in Toronto schools.

Janet has been an active parent on the Earl Beatty Community Centre Advisory Council and its Home and School Council, Diefenbaker School Council, and East York/East Toronto Family Resources—Secord First Duty Project.



Afternoon Workshops

A-1. RAINBOWS - RESTORING HOPE TO GRIEVING YOUTH

This session will discuss the age level reactions of children to divorce, death, or any painful transition within their families. It will also include an outline of the Rainbows program from preschool to adulthood in answer to this grieving.

Linda Halsey is a retired teacher. She has been involved with the Rainbows organization since 1991 and providing leadership since 1994. Linda has facilitated all ages in the Rainbows program. She has opened over 100 Rainbows sites in the Durham Region and trained hundreds of facilitators since becoming a Rainbows Director in 1992.

A-2. BEATING THE SCHOOL AGE BLUES: Using the Three "I"s – Instruction, Innovation and Interest

By the time most children reach school age care they have been on numerous trips, experience many learning opportunities, and have the added stress of homework. This workshop will provide tools and ideas to help with programming, keeping the children interested and evaluating the needs of your group.

Lori Foreht is the Supervisor of Wychwood Tigers Daycare. She has a degree in Psychology. **Florence Kirchner** is Assistant Supervisor of Wychwood Tigers Daycare and holds a degree in Sociology.

A-3. STANDING ON HIGHER GROUND

This workshop will examine and discuss the new national standards that are being set for supervisors in child care settings. How do we use these standards? Will we need more training/education in certain areas? A summary of these standards will be distributed before the workshop begins. An interactive workshop open to supervisors, assistant supervisors, and ambitious teachers.

Pat Campbell is currently teaching courses at George Brown College including 3 courses in the Daycare Management Certificate program. As a therapist, early childhood and family life educator, she has designed and supervised programs for children and families in daycare, family resource centres, schools and hospitals. She runs her own consulting firm "Caregiver Care" which delivers on-site training to childcare staff and boards.



Exhibits

You can expect to see exhibits and displays from many suppliers to the day care service providers. Fundraising opportunities, catering firms, and administrative services demonstrate and show their wares. Of course, there are many sources of resources for programming. Books, toys, games, facilities, furnishings, it'll all be at the conference. Make it an important part of your planning to explore what the displays have to offer while you're here. One stop shopping for all your day care needs.

A-4. YOGA, AN EXPLORATION INTO BREATH

Stress exists. And it affects us all – even children. We need to equip our children with the life skills they will need to manage stress. Increased self-awareness, mental focus and flexibility are just a few of the benefits we can all gain with the practice of yoga. Through this experiential yoga workshop we will deepen our awareness of our breath and how it affects our mental and physical states. We will also explore imagery as a tool for captivating the attention of children, and ourselves!

Collette Gauvreau has been a practitioner of yoga for over 15 years. She is currently training at The Esther Myers Yoga Studio in Toronto. Teaching children and adults, Collette's focus of instruction is stress reduction through awareness of breath and the principals of hatha yoga. She has two children.

A-5. THE IMPACT OF LEADERSHIP ON QUALITY CARE

If we all assumed a leadership role in our delivery of child care services there would be a positive impact on the care we are offering. Leadership has many aspects, and whether a teaching staff, a board member or a supervisor the relationship between quality care and the proactive use of leadership skills is apparent.

In this workshop we will discuss the skills that leaders have, and how, when they are applied to the positions the workshop attendees hold the result is better child care.

As an Early Childhood Educator, **Anne MacIver** has spent 25 years working in the childcare field. Initially as a teaching staff, followed by several years as a centre supervisor. Anne has been working in middle management, first for the YMCA, and more recently for municipal government. Anne has also presented the Keynote Address at several conferences, and has contributed articles to the Umbrella Newsletter.

A-6. HOW TO PROMOTE RESILIENCY IN TODDLERS AND IN OURSELVES

What is resiliency and why is it important? Why do some of us have resiliency and some of us don't? This workshop will provide you with the abilities to be resilient, take new opportunities and show you how to promote these abilities in children as young as toddlers and concrete ways to support and challenge these abilities.

Andrea Brown is an ECE currently with George Brown College at Casa Loma Child Care Centre. She has worked with Kindergarten, preschoolers and toddlers. She has been involved with the "Reaching In Reaching Out" project promoting resiliency in young children for over two years.

A-7. JOLLY PHONICS AND LITERACY IN THE CLASSROOM

In this hands-on workshop, you will learn about literacy development and how to implement the Jolly Phonics program. You will learn how to teach letter sounds, decoding and tricky words in a play-based approach. Through fun and active games, you will discover the power of phonics to build reading skills, self esteem, cooperation and much more.

Karen Monaghan's passion for teaching young children and her interests have led her to pursue a degree in Drama in Education, an ECE diploma, and training in Jolly Phonics, Signed English and ASL. She has been teaching Junior and Senior Kindergarten for seven years and is currently the Assistant Manager of Mothercraft Robertson House Centre for Early Development.

8 Registration Guide

A-8. STRESS STRATEGIES FOR THE CLASSROOM

We know that kids experience stress but do not have the strategies or tools to cope. We see it in the classroom, how stress can interfere with children's attention, learning, and their emotional and physical well being. Together, we will explore different strategies for educators to help children to learn how to deal with stress. This interactive workshop will look at alternative ways to bring stress management into the classroom without adding to our stress levels.

Joy Lerman has worked as a facilitator trainer for PCPC for over 12 years. She provides workshops for professional staff, Boards of Directors and parents. Joy's interactive style provides workshops that are creative, dynamic and energetic.

A-9. CHILDREN AND DIVORCE: THE ROLE OF THE EARLY CHILDHOOD EDUCATOR

This is a repeat of a morning workshop. It is the same as M-6.

A-10 USING STORIES TO MAKE ART

Reading and enjoying books together has always been central to promoting literacy at school. Familiarity with art and the fact that art is a child's first written language make the coupling of storytelling and art a natural platform to increase literacy skills. This workshop will focus on techniques teachers can use to bridge children's stories to art activities.

Diane Bergeron teaches at the George Brown College Centre for Early Childhood Development at Ryerson Campus. She teaches Creative Expression courses in the ECE Program as well as courses in applied curriculum.

A-11. LOW ORGANIZED GAMES (GYM)

This interactive workshop will focus on Low Organizational Games, which are simple, easy to explain and fun. We teach cool new games that can be adapted to all ages, and also maximize activity and participation levels for both large and small groups. Low Organizational Games are excellent for developing self-initiated play. Specific game outlines will be provided. Please come comfortably dressed, and be sure to bring your running shoes.

Mike Perozak is Head Coach, Director and Founder of Sportplay. Mike has spent many years working with children in athletic, educational and social service settings, and his sports background includes coaching track and field at the local, provincial and national levels as well as coaching minor hockey, soccer and baseball. Mike is also a certified Personal Trainer and Fitness Consultant.



COMPREHENSIVE INSURANCE PROTECTION FOR DAYCARE CENTRES *with Group Savings!*

Your **COMMERCIAL PROGRAM** features...

- ✓ **No exclusion for child abuse with a \$2,000,000 limitation endorsement**
- ✓ **Wrongful Dismissal defense costs**
- ✓ **Increased costs for Day Nursery Act compliance**
- ✓ **Non-Profit Directors & Officers Liability coverage for the Association Directors and volunteers**

Call Sandra Colantonio ext. 358
or Don Chehowy ext. 375
1-888-681-2862

Underwritten by



Your **GROUP BENEFITS PROGRAM** features...

- ✓ **Special plan design exclusive to members of Umbrella Central Daycare Services**
- ✓ **Group Benefits including Life, Health, Drug, Dental, and Disability Plans**

Call John Williamson, ext. 338
or Ann Lief, ext. 420
1-888-681-2862

Underwritten by the Co-operators &



Endorsed Broker & Administrator
For Umbrella
Commercial &
Group Benefits Programs

POTTRUFF & SMITH
INSURANCE BROKERS INC.

www.pottruffsmith.com/umbrellainsure.html



Contact us

Umbrella Central Daycare Services Inc.

1220 Kingston Road, Scarborough,
Ontario M1N 1P3

phone: (416) 686-9869

fax: (416) 686-9870

website: www.umbrelladaycare.com

email: director@umbrelladaycare.com